



International Sanity Fair is a fabulous free festival celebrating its 5th year!

The Mental Health Promotion Department, User Voice, NIMHE West Midlands and the Positive Mental Health Group organised a free coach trip for over 30 users and staff on Saturday 11th June to Stoke on Trent to take part in the party atmosphere.



Piccadilly Street was lined with information stands from mental health organisations, informing the Public of the service provision available to them.

The stage played host to a number of bands, and the streets were alive with performers. From stilt walkers and magicians, to 16ft dinosaurs and didgeridoo players! And if that wasn't enough there were workshops where you could try your hand at drumming and art activities, such as willow weaving and badge making.

There was belly dancing in the Bethesda Gardens where the entertainment had a more relaxed feel.



Sanity Fair demonstrates to the wider community that people with experience of mental distress can make a valuable contribution and we can together combat stigma and prejudice at a local, national and international level.

To get involved in future events please contact Claire Swindale at the Mental Health Promotion Department on 0121 678 4150 or claire.swindale@bsmht.nhs.uk